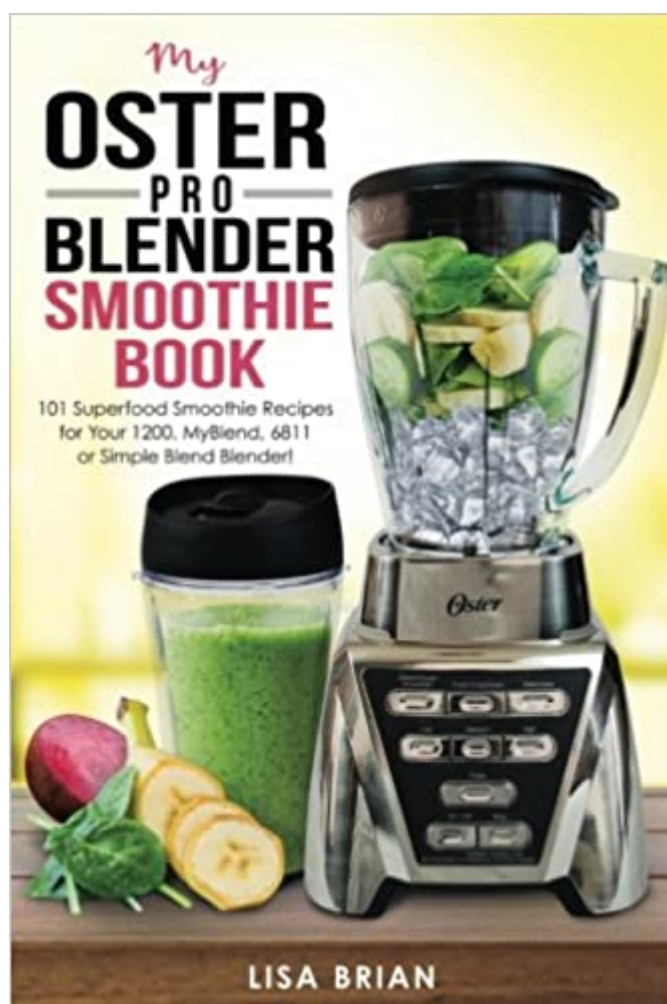


The book was found

My Oster Pro Blender Smoothie Book: 101 Superfood Smoothie Recipes For Your 1200, MyBlend, 6811, Or Simple Blend Blender! (Oster Blender Recipes) (Volume 1)





Synopsis

Get a quick start with your Oster Blender and meet your goals for better health today! This book shows you exactly how to get the most out of your Oster Blender (models 1200, 6811, Simple Blend, MyBlend, Reverse Crush, Fusion, Personal, Beehive and all others) and make 101 of the most delicious and nutritious smoothies you've ever tasted! No other book contains specific instructions and recipes for your Oster Blender. Combined with 101 of the best, most popular recipes, this book is the perfect companion for anyone who owns a Vitamix! 101 SMOOTHIE RECIPES - anti-aging - detox - weight loss - bones and joints - constipation - blood sugar - immune system - beauty - energy boost - general health - heart - mood - performance - stress - kids Do you own an Oster Blender? Then this book is for you. All of our recipes and "how to" instructions are designed specifically for Oster blenders, and to help you with your lifestyle and health goals. Buy today! MONEY-BACK GUARANTEE Free shipping for Prime members

Book Information

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Customer Reviews

Good recipes

i haven't used it a lot but for the things I have used it for is great. I've used the blender/smoothie maker. I love it.

Good recipes

I personally have a Oster Pro Blender so when I saw a book that is specifically written for it I had to get it. This book is full of over a hundred great recipes with any favour you can think of, especially for the Oster blender but could be used in any blender as well. The layout of the recipes is easy to follow with instructions and ingredients laid out simply and the sections are ordered according to the smoothies purpose such as anti-ageing, sugar levels or detoxing giving them an extra bonus besides being delicious.

THIS BOOK IS ONLY FOR SMOOTHIES AND I'M SURE THAT THERE ARE MANY OTHER THINGS THAT CAN BE DONE I.E. SOUPS AND OTHER FOOD PREPERATIONS.

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